



After

LIP COSMETIC

TATTOO

Lip Tattoo Aftercare Instructions:

Proper aftercare is crucial for achieving the best results from your lip tattoo. Please follow these aftercare instructions carefully:

Day 1: Immediately After the Procedure

Clean Gently: Gently blot your lips every 15-30 minutes with a clean tissue to absorb excess lymphatic fluid. This helps to prevent hardening of the lymph and scabbing.

No Touching: Avoid touching your lips with unclean hands to prevent infection.

Keep Lips Moisturized:

Apply the provided aftercare ointment (usually a thin layer of Aquaphor or a specialized balm) as needed to keep your lips hydrated.



- Days 2-4: Managing Swelling and Initial Healing
- Swelling: Expect some swelling, tenderness, and possible redness for the first few days. You may apply a clean, cool compress for short periods to reduce discomfort, but do not apply directly on tattooed lips.
- Cleaning Routine: Gently clean your lips twice daily using a soft cloth or cotton pad dampened with sterile water. Pat dry.
- Reapply Ointment: Continue applying the aftercare ointment 3-4 times daily. It is essential to keep the lips moist to facilitate healing and prevent scabbing.

Days 5-10: Peeling Phase

- Natural Peeling: Your lips will start to peel, and the color may appear lighter or patchy. This is normal—do not pick or peel off any flakes, as it can cause scarring or uneven pigment retention.
- Moisturize Regularly: Keep moisturizing your lips as they heal. Apply the ointment when they feel dry.



General Guidelines (First 2 Weeks)

- **No Picking or Scratching:** Avoid touching, picking, or scratching at any dry skin or scabs that may form. Let them fall off naturally to ensure proper color retention.
- **Avoid Sun Exposure:** Keep your lips away from direct sunlight or tanning beds. Once healed, always apply sunscreen on the lips to protect the color.
- **No Makeup or Skin Care Products:** Do not apply lipstick, lip gloss, or any other skin care products to your lips during the healing process.
- **Avoid Hot and Spicy Foods:** Try to avoid very hot, spicy, or salty foods that may irritate the lips. Drink through a straw to minimize contact with water or liquids.
- **No Swimming or Saunas:** Avoid swimming, saunas, hot tubs, and other activities that may cause excess moisture or exposure to bacteria.

Weeks 2-4: Post-Healing Care

Moisturize: Continue to keep your lips moisturized to prevent dryness.

Color Stabilization: Your lip color will gradually stabilize over 3-4 weeks. It is normal for the color to appear very light or patchy before fully settling in.

Touch-Up Appointment

Schedule Follow-Up: A touch-up appointment may be needed 6-8 weeks after the initial procedure to perfect the color and shape. Your technician will discuss this based on your healing progress.

Signs of Infection

If you notice any signs of infection such as excessive redness, swelling, pus, or increased pain, please contact your technician or seek medical attention immediately.

Following these aftercare steps will ensure the best possible results for your lip tattoo. If you have any questions or concerns during the healing process, do not hesitate to reach out to your technician.

