

A close-up, high-contrast photograph of a woman's face. She has dark, layered hair and is holding a strand of it with her hand, which has light pink nail polish. Her eyes are a light green color, and she is looking directly at the camera with a neutral expression. The lighting is dramatic, highlighting her skin tone and the texture of her hair.

Before

EYELINER COSMETIC  
TATTOO

# **Eyeliner Cosmetic Tattoo Before care Instructions**

To ensure optimal results for your eyeliner cosmetic tattoo, it's important to properly prepare before your appointment. Please follow these guidelines:

## **General Preparation (1-2 Weeks Before Appointment)**

### **1. Avoid Certain Skin Treatments:**

- Do not use Retin-A, retinols, or other exfoliating products around your eyes for at least 4 weeks before the treatment.
- Avoid chemical peels, facials, or laser treatments near the eye area for at least 2 weeks prior.

### **2. No Eyelash Enhancing Products:**

- Discontinue use of eyelash growth serums (like Latisse) at least 4 weeks before your appointment as these can cause skin sensitivity.



# Medications and Supplements



## 1. Blood Thinners:

- Avoid taking aspirin, ibuprofen, or other blood-thinning medications for at least 7 days before your appointment, as these can increase the risk of bleeding. If you are prescribed blood thinners, please consult your doctor before stopping.

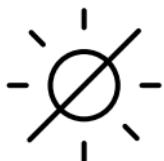
## 1. Avoid Alcohol and Caffeine:

- Refrain from drinking alcohol or consuming caffeine for at least 48 hours before the appointment as they may increase sensitivity and bleeding.



## Activities to Avoid (Day 1-14)

1. No Swimming or Saunas: Avoid swimming pools, saunas, steam rooms, or hot tubs.
2. No Excessive Sweating: Refrain from activities that cause excessive sweating, as this may interfere with the healing process.
3. No Direct Sun Exposure: Protect the area from direct sunlight. Use sunglasses if going outdoors. 
4. Avoid Facial Treatments: Do not get facials, chemical peels, or any other skin treatments on or near the eyes for at least 2 weeks.



# Long-term Care

- **Avoid Skincare Products on Eyes:** Avoid using products containing Retin-A, alpha hydroxy acids, or exfoliating ingredients directly on the eyeliner.
- **Use Sunscreen:** Once fully healed, protect the tattooed area from sun exposure using sunglasses or SPF to prevent fading.
- **Touch-Ups:** A touch-up session may be needed 4-8 weeks after the initial treatment to perfect the results.



## Signs of Complications

If you experience any signs of infection, such as increased redness, swelling, warmth, or pus, or if you feel extreme discomfort, contact your technician or a medical professional promptly.

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